



Blue Loop = 5K

5K
 Blue Loop 1X

10K
 Pink Loop 1X

Pink Loop = 10K

25K
 Pink Loop 2x
 Blue Loop 1x

50K
 Pink Loop 3x
 Blue Loop 4x

Water/Aid Stations

Start/Finish line
 Halfway point of 10K loop

Participants of all ages and skill levels are encouraged to race in this challenging series. In order to maintain the health and safety of hikers, runners, volunteers, guests and staff, pace requirements have been established for participants in the trail run series.

Hikers and runners are welcome to continue the race at their own discretion, but the finish line and aid stations will be taken down at times associated with predetermined paces. Participants still on the course after designated cut off times will not be eligible for awards and will be offered an escort to race HQ.

Pace requirement: 18 minutes per mile

All distances will be timed with chip timing by Three Way Racing