



## **Coach Tour Options for *Bounty of the Earth* at Shaker Village of Pleasant Hill**

*The following programs are only available April-October.  
The suggested timeframe for each program is one-hour.*

**Seasonal Garden Tasting** – Explore the garden at Shaker Village to learn about Shaker agriculture and links to our modern garden. As part of the tour, taste seasonal vegetables and other treats straight from the garden!

**Experience the Farm** - Learn the basics of our sustainable, diversified farm system. Be inspired by Shaker principles and nature's ingenious designs, and take home ideas that apply to any garden. Meet the farm animals and feed them a tasty treat while learning about the jobs of Shaker livestock and the roles our animals serve at our farm today. *(Note: ask about booking an optional opportunity to view an observation bee hive as part of program!)*

**Herbs for Home and Health** - The Shakers were ahead of their time when it came to good health and cleanliness. Members of the Pleasant Hill community practiced a hygienic lifestyle and had access to medical doctors, good nutrition, and relied heavily on thriving medicinal herb gardens as well as wild native plants.

**Hidden Harvest** – The Pleasant Hill Shakers were first and foremost Kentuckians, rooted in an agricultural industry. What was their relationship with Kentucky's greatest crop exports: tobacco and hemp? Were any of their grains distilled into liquor, or fruits into wine? Discover the Shakers' role in Kentucky's most famous cash crops.

**In Shaker Kitchens** – Explore daily life at Pleasant Hill by examining Shaker foodways and culinary practices. This tour will take guests on a journey of Shaker cuisine, examining how the Shakers designed their diets around wholesome, simple recipes always made with the freshest ingredients.

**Putting Food By** - From its earliest days, food preservation, or “putting food by,” was integral to the health and economy of the Pleasant Hill Shakers. Food preservation was a year-round activity, necessary to sustain hundreds of Believers each year. Food preservation also helped to sustain the village economically as the Shakers sold preserved foods to the world. *(Note: Best in spring and fall, but can be booked in summer; seasonal topic varies)*

**Summer Orchards** – The Shakers managed expansive orchards that utilized diverse planting communities to generate success. Shaker orchard management was rooted in simplicity and garden companionship continues to influence our modern orchards on site. Taste a fresh apple while exploring heirloom apple trees to uncover the unique stories of America's oldest fruits. *(Note: Best in summer, but can be booked in other seasons; may not be able to taste apples during all seasons)*

## ***Special Programming Activities***

### **Culinary/Cooking Demonstrations - (2-hour duration)**

Join Shaker Village's culinary team for a demonstration of how to make "seed-to-table" come alive on your own plate! Using produce from the Village's garden, you'll learn how to create fresh and delicious recipes in this experiential program.

### ***Chartered Activities***

#### **Guided Hayride to West Lot – (Maximum 25 passengers per ride)**

Take in some amazing views of the Pleasant Hill landscape as you ride from the village center to the historic West Lot area of Pleasant Hill. Along the way, discover the history behind the dry-stone fences at Pleasant Hill and the ways in which agriculture shaped the built landscape for the Shakers. Conclude your ride with a tour of the West Lot Dwelling – one of the rarely seen spaces at Pleasant Hill!