



Explorer Summer Camp – *Teen Leaders in Training (LIT)*

Frequently Asked Questions

- *Where is Shaker Village of Pleasant Hill?*

Shaker Village of Pleasant Hill is located at 3501 Lexington Rd., Harrodsburg, Ky. 40330. Explorer Camp gathers and departs from the “Camp Corral” located near the Welcome Center.

- *How do I contact you/my child in case of emergency?*

Every parent/guardian will be given a card with the direct office and cell phone numbers of the camp director. For general questions, you may call the Shaker Village general number at 859.734.5411.

- *Who can attend the Leaders in Training Camp program?*

Leaders in training is open to campers ages 15-16. We cap camp enrollment at 12 campers to ensure a high-quality experience with low camper to staff ratios. While we do our best to accommodate campers with a variety of physical and mental abilities, we ask that you contact us prior to registration if your child has any special needs.

- *Who are the staff that will be working with my child?*

LIT staff are trained role models who will guide your child through a week of teambuilding initiatives, skill development and recreational activities.

Each day is overseen by a professional, year-round Camp Director. Shaker Village has a staff with extensive background in leading summer camps for youth.

Camp counselors and volunteer project leaders are exemplary staff who have undergone a rigorous training and selection process to work with your child. Each have had a full criminal background check, been reviewed on the National Sex Offender Registry, undergone a face-to-face interview process with the director and are supported by distinguished character and professional references. The counselor to camper ratio for Teen Service Leadership is 1:12.

- *What is a typical day like?*

Leaders in Training is built with a balance of teambuilding initiatives, certification trainings and recreational opportunities. Certification trainings will be guided by camp counselors and Red Cross certified trainers. While there is some variation throughout the week, our typical daily schedule will reflect the outline below. On Thursday, the group will spend a day hiking to Shaker Landing and helping with part of Explorer Camp Field Day. The teen leaders will plan the itinerary for themselves by the prior day.

Due to different trainings each day will vary slightly. An example day looks like the following:

7:30am–8:00am	Drop-off at Camp Corral
8:00am–8:30am	Review Plans for the Day with Team Leaders
8:30am–10:30am	Teambuilding Initiatives Full group
10:30am–11:00am	Snack Break and Transition Time
11:00am–12:30am	Certification Training, Service Project or Planning Period
12:30am–1:00pm	Lunch at Activity Site
1:00pm–2:30pm	Certification Training, Service Project or Planning Period
2:30pm–3:00pm	Snack Break and Transition Time
3:00pm –4:00pm	Debrief and Closing Activity Full Group
4:00pm–5:00pm	Recreation Options will include: Archery, Outdoor Living Skills, Farm programs, Creative activities & crafts
5:00pm–5:30pm	Pick-up at Camp Corral

- *What will happen in the case of bad weather?*

Please refer to the packing list to ensure your child is prepared for a variety of weather conditions. We are predominantly an outdoor program, and in the case of rain, most programs will run as planned. If weather impedes our activities, camp staff will move to the “Rainy Day Schedule” utilizing a variety of indoor spaces around the Village for activities and service projects. If weather becomes hazardous, then campers and staff will be directed to the storm shelter located in the West Family Dwelling Cellar. In the case of hazardous weather, the camp director will initiate communication with parents via your preferred method (email or text) and then phone if needed.

- *What if my child takes medication?*

When sending medication with your child, please use the following procedures:

1. Complete and submit the Medication Authorization form for any medications your child will be taking while at Camp.
2. Ensure your child’s medication is in the original container with the prescription label.
3. Place original containers inside one Zip Lock bag, and write your child’s name on the outside of the bag with permanent marker.

Medication will be dispensed at prescribed times and dosages by the camp director. A log is kept to record the dispensing of all medication to campers. If your child has medication that must stay with them throughout the day (epi-pen, inhaler, etc.), that medication will travel with the counselor working directly with your child. In all other cases, camper medication will be stored and locked in a central location. Shaker Village partners with a local pediatrician to review medical policies and provide consultation on an as-needed basis.

- *What should my child bring with them each day?*

Please refer to the Parent Checklist and Camper Packing List.

- *What do I pack for my teen’s lunch?*

Your teen will be active at Camp each day and we will be traveling throughout the village and preserve. They will be carrying their backpacks with lunches and any snacks with them throughout the day. Please pack non-perishable, healthy items that will be easy to carry along throughout the day. Camp is a “peanut free zone.” Please do not pack items that include peanuts or peanut butter.

- *What if my child has a food allergy?*

Please use the Health History form to communicate any allergies your camper may have. This includes food allergies since we will provide food with some of the activities. We take into consideration food allergies, please indicate if your child has a food allergy (such as gluten or dairy). Camp is a “peanut free zone.”

- *Who can pick up my child from Camp?*

All teens must be signed in an out of camp for safety reasons. Only adults authorized on your child’s registration form will be allowed to pick them up from Camp. If during the week someone else will be dropping off or picking up your teen, please contact camp director to add them to the approved list. Camp staff may request photo identification from adults picking up campers every day.

- *When can I drop off and pick up my child?*

Signing your teen into camp for Teen Service Leadership is between 7:30 a.m. and 8:00 a.m. Pick-up is between 5:00 p.m. and 5:30 p.m. The sign-in/ sign-out station will be located at the “Camp Corral” near the Welcome Center. This is a great time to check in on any details about the week. If you need to drop off or pick up your camper outside of these scheduled times, please contact the camp director to make arrangements.

Before 8am and after 5pm teens will have the opportunity to explore activity areas and participate in games and recreational activities in a less formal manner than found in the rest of the daily schedule.

- *What else can we do at Shaker Village?*

Shaker Village of Pleasant Hill provides opportunities for children and adults throughout the year! Visit shakervillageky.org to take a look at the calendar of upcoming events and to learn more.