



## Leaders in Training

### Frequently Asked Questions

#### Where is Shaker Village of Pleasant Hill?

Shaker Village of Pleasant Hill is located at 3501 Lexington Rd., Harrodsburg, Ky. 40330. Leaders in Training (LIT) gathers and departs from the "Camp Corral" located west of the Welcome Center.

#### How do I contact you/my teen in case of emergency?

Every parent/guardian will be given the direct office and cell phone numbers of the Camp Director. For general questions, you may call the Shaker Village general number at 859.734.5411.

#### Who can attend Leaders in Training?

LIT is open to campers ages 15-16. We cap enrollment at 12 campers to ensure a high-quality experience with low camper to staff ratios. While we do our best to accommodate campers with a variety of physical and mental abilities, we ask that you contact us prior to registration if your teen has any special needs.

#### Who are the staff that will be working with my teen?

LIT staff are trained role models who will guide your teen through a week of teambuilding initiatives, skill development and recreational activities. Camp is overseen by a full-time, professional camp director. Camp counselors are exemplary staff who have undergone a rigorous training and selection process to work with your teen. Each have had a full criminal background check, been reviewed on the National Sex Offender Registry, undergone a face-to-face interview process with the Camp Director and are supported by distinguished character and professional references. The counselor to camper ratio is 1:12 for Leaders in Training.

#### What is a typical day like at Leaders in Training?

Leaders in Training is built with a balance of teambuilding initiatives, certification trainings and recreational opportunities. Certification trainings will be guided by camp counselors and Red Cross certified trainers. The teen leaders will also spend part of the week mentoring younger campers and planning a hike in Shaker Village's Preserve. Due to different trainings each day the schedule will vary:

7:30am–8:00am	Drop-off @ "Camp Corral"
8:00am–8:30am	Review plans for the day
8:30am–10:30am	Teambuilding initiatives
10:30am–11:00am	Snack and transition time
11:00am–12:30am	Certification training, service project, or planning time
12:30am–1:00pm	Lunch @ activity site
1:00pm–2:30pm	Certification training, service project, or planning time
2:30pm–3:00pm	Snack and transition time
3:00pm –4:00pm	Debrief and Closing Activity
4:00pm–5:00pm	Recreation (include archery, geocaching, outdoor skills and activities)
5:00pm–5:30pm	Pick-up @ "Camp Corral"

#### What will happen in case of bad weather?

Please refer to the Teen Programs Packing List to ensure your teen is prepared for a variety of weather conditions. We are predominantly an outdoor program, and in the case of rain, most programs will run as planned. If weather impedes our activities, Camp staff will adjust the

schedule, utilizing a variety of indoor spaces around the Village. If the weather becomes hazardous, then campers and staff will be directed to the storm shelter located in the West Family Dwelling Cellar. In the case of hazardous weather, the Camp Director will initiate communication with parents via email, text and phone as needed.

### **What if my teen takes medication?**

When sending medication with your teen, please use the following procedures:

1. Complete and submit the Medication Authorization Form for any medications your teen will be taking while at LIT.
2. Ensure your teen's medication is in the original container with the prescription label.
3. Place original containers inside one Zip Lock bag and write your teen's name on the outside of the bag with a permanent marker.

Medication will be dispensed at prescribed times and dosages by the Camp Director. A log is kept to record the dispensing of all medication to campers. If your teen has medication that must stay with them throughout the day (epi-pen, inhaler, etc.), that medication will travel with the counselor working directly with your teen. In all other cases, camper medication will be stored in a secure, central location. Shaker Village partners with a local pediatrician to review medical policies and provide consultation on an as-needed basis.

### **What should my teen bring with them each day?**

Please refer to the Teen Programs Packing List.

### **What do I pack for my teen's lunch?**

Your teen will be very active at LIT each day. They will be carrying their backpacks with lunches and any snacks with them throughout the day. Please pack non-perishable, healthy items. LIT is a "peanut free zone." Please do not pack items that include peanuts or peanut butter.

### **What if my teen has a food allergy?**

Please use the Health History form to communicate any allergies your camper may have. We will make every consideration to provide a healthy morning and afternoon snack option. LIT is a "peanut free zone."

### **When can I drop off and pick up my teen?**

Drop-off is between 7:30am-8:00am. Pick-up is between 5:00pm-5:30pm. During these times, campers will be at the "Camp Corral" near the Welcome Center. If you need to drop off or pick up your teen outside of these scheduled times, please contact the camp director to discuss.

### **Who else can pick up my teen from LIT?**

Only adults authorized on your teen's registration form will be allowed to pick them up. If during the week someone else will be dropping off or picking up your teen, please contact the Camp Director. Camp staff may request photo identification from adults before releasing campers to them.

### **What else can we do at Shaker Village?**

Shaker Village of Pleasant Hill provides opportunities for children and adults throughout the year! Visit [www.shakervillageky.org](http://www.shakervillageky.org) to take a look at the calendar of upcoming events and to learn more.